

Norfolk Insider

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“New Lifeguard in Training Program”

Aspiring lifeguards will want to participate in the new City of Norfolk “Lifeguard in Training” program.



This program is for kids ages 10-15 who would like to become a lifeguard some day and want to learn more about it.

“This course will introduce kids to the basics of lifeguarding including pool safety, water rescue and survival skills. They will also get a chance to shadow a real lifeguard. It’s a good way to see if you’re interested in some day becoming a lifeguard,” said Sheila Schukei, Human Resources Director for the City of Norfolk.

The course will run from July 8 to July 18 from 10:10 a.m. to 11:15

a.m. at the AquaVenture Water Park with no class held on July 12, 13 or 14. The cost for the course is \$40 per child. Participants in the class must be able to swim the length of a 25 yard pool. Those who complete the course will receive a City of Norfolk Lifeguard in Training program t-shirt.

Those interested need to register by July 1 by calling 844-2010 or stopping in at the City of Norfolk Administration Building at 309 North 5th Street from 8:30 a.m. to 4:00 p.m. Monday through Friday.