

Norfolk Insider

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“Youth Ages 10-15 Can Be Junior Lifeguards”

The Junior Lifeguarding program will be offered soon in Norfolk. Youth who are ages 10 to 15 have the opportunity to further develop their swimming skills and learn more about what it takes to be a lifeguard. Last year was the first year for the program. This year it's being offered July 7-11 from 9:30 am to 11:30 am each day.



“Every year we hire lifeguards for AquaVenture Water Park and Liberty Bell pool. This program gives younger kids a chance to learn the knowledge, attitudes and skills that would make them a successful senior life guard,” said Sheila Schukei, Human Resources Director for the City of Norfolk.

Certified lifeguards will introduce kids to the basics of lifeguarding including pool safety, water rescue, survival skills and some First Aid. A special Lifeguard in Training t-shirt will be given to those who complete the course. Participants also will have the opportunity to job shadow

lifeguards to see what lifeguarding is all about.

To learn more about the Junior Lifesaving Program or to register, contact AquaVenture Water Park at 844-2270. Cost for the program is \$40. Participants should be able to swim the length of a 25 yard pool.