

# Norfolk Insider

City of Norfolk, NE

[www.ci.norfolk.ne.us](http://www.ci.norfolk.ne.us)

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## “Norfolk Law Enforcement Take on the Ice Bucket Challenge”



City of Norfolk Police Captain Mike Bauer took the brunt of the icy cold water when he, along with other law enforcement officers, took the ALS Ice Bucket Challenge on Wednesday morning.

Captain Bauer sat between Madison County Deputy Sheriff Todd Volk and Nebraska State Patrol Captain Paul Hattan and seemed to receive the contents of both ice buckets before the US92 radio station staff spread some of the 20 pounds of ice on the other two.

Spectators watching the event noted that none of the three men flinched as the water doused them proving they all had nerves of steel.



The Challenge is a fundraising campaign that has gone viral with celebrities, politicians and this week, Nebraska’s football coach, Bo Pelini, getting a bucket of ice dumped on them to raise funds for and awareness of ALS.

ALS or “amyotrophic lateral sclerosis”, is a disease which affects the nerve cells in the brain and spinal cord that control voluntary muscle movement. The disease causes degeneration of the motor neurons. When the neurons die, the ability of the brain to control muscle movement is lost. The disease, commonly referred to as Lou Gehrig’s disease, kills more than 5,000

Americans per year. According to the ALS website, over \$31.5 million has been raised since the ice bucket challenge began. For more information go to <http://alsa.org>.